



# VITALITY

*Unbridled: Equine Retreat for Women*



## *Sunday, June 7*

- 1 PM: Check-In at Devil's Thumb Ranch Resort & Spa
- 5 PM: Opening Ceremony
- 7 PM: Dinner as a Group

## *Monday, June 8*

- 9 AM–12 PM: Equine Coaching (unmounted)
- 3 PM: Group Horseback Ride
- 6 PM: Social Hour
- 8:30 PM: Journaling Activity

## *Tuesday, June 9*

- 9 AM–12 PM: Equine Coaching (unmounted)
- 12–6 PM: Free Time: Optional Horseback Ride\* and/or Spa Treatment\*
- 6 PM: Social Hour

## *Wednesday, June 10*

- 8:30–10 AM: Equine Coaching and Closing Ceremony (unmounted)
- 11 AM: Check Out

*Happy Trails!*

*Please note schedule may be subject to change. \*Optional activities require reservations and will incur an additional fee. All meals are included in the retreat cost. Meals are to be enjoyed at your leisure with the exception of the Group Dinner on night one. Kindly call concierge at (970)-726-7000 ext. 716 before your trip to make all of your dining reservations, as well as spa treatments, additional horseback rides, and any other Ranch activities.*